

LSRC

FLAG FOOTBALL

LEAGUE

SPRING 2009

FLAG FOOTBALL LEAGUE

WE WILL ONLY BE ACCEPTING 16 TEAMS TOTAL!

LEAGUE STARTING DATE:	SUNDAY, MARCH 22ND
AGES:	18 YEARS OF AGE AND OLDER
ROSTER DEADLINE:	FRIDAY, MARCH 6TH @ 4PM; \$400/TEAM (INCLUDES \$25 REFUNDABLE FORFEIT FEE)
LATE ROSTER DEADLINE:	FRIDAY, MARCH 13TH @ 4PM; \$460/TEAM (INCLUDES \$25 REFUNDABLE FORFEIT FEE) <u>NO EXCEPTIONS</u>
MAXIMUM PLAYERS PER TEAM:	20 PLAYERS PER TEAM
MANDATORY CAPTAIN'S MEETING:	TUESDAY, MARCH 17TH 5:30PM AT THE LSRC OFFICE

A LEAGUE

B LEAGUE

THE PLAYOFFS WILL BEGIN IMMEDIATELY FOLLOWING THE SEASON. THE LEAGUE WILL AWARD 1ST AND 2ND PLACE TEAMS. THE \$25.00 FORFEIT FEE WILL BE REFUNDED TO THE TEAMS AT THE END OF THE SEASON WITH NO FORFEITS.

FOR MORE INFORMATION OR QUESTIONS CALL THE LSRC AT 464-5110

RULES AND REGULATIONS WILL BE GIVEN TO THE CAPTAIN AT THE MEETING!!!!

ALL GAMES WILL TRY TO BE PLAYED ON SUNDAYS. TIMES WILL DEPEND ON THE NUMBER OF REGISTRATIONS.

IN CASE OF INCLEMENT WEATHER, THE TEAM CAPTAIN WILL BE CONTACTED.

FLAG FOOTBALL ROSTER

TEAM NAME: _____ COLOR: _____

CAPTAIN'S NAME: _____

HOME PHONE: _____ WORK PHONE: _____

ADDRESS: _____

CITY: _____ ZIP: _____ EMAIL: _____

ASSISTANT CAPTAIN'S NAME: _____

HOME PHONE: _____ WORK PHONE: _____

ADDRESS: _____

CITY: _____ ZIP: _____ EMAIL: _____

LEAGUE: A _____ B _____

20 PLAYER MAXIMUM PER ROSTER

NAME

PHONE

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

8. _____

9. _____

10. _____

11. _____

12. _____

13. _____

14. _____

15. _____

16. _____

17. _____

18. _____

19. _____

20. _____